



# The Thrifty Gardener

**AENNE CARVER**

## Simple Homemade ROSE WATER



**INGREDIENTS**

**3** heaping handfuls of petals from fresh organic red roses

**1** special bottle to store your rosewater

**DIRECTIONS**

Put the loose rose petals into a sauce pot. Pour enough water to cover the rose petals, then cover the pot and place it over the lowest heat setting. Let it simmer covered for about fifteen minutes and remove the lid. Continue to simmer until only 1/2 of the liquid remains. Then take the concoction off the burner to cool. Strain off the petals through a fine sieve, and pour your rosewater through a funnel into a special bottle. The homemade rosewater will last in a cool dark place for several months. If you add witch hazel to the mixture, it lasts up to six months.

If the color or scent of your rosewater is not as intense as you wish after you strain off the petals, then repeat the entire process. Red petals make for the deepest hue of rosewater. This recipe can be doubled or tripled when your roses are abundant. Make your own skin toner by mixing 2 parts of rose water to one part of witch hazel (this is available in most drug stores).



## Water-Wise HERB TALK

THIS TALK  
IS FREE  
Public  
welcome

DATE: Sunday, Sept. 18, 2011  
 TIME: 1:00pm - 2:00pm  
 PLACE: City Farmer's Nursery  
 4832 Home Avenue,  
 San Diego, CA 92105



Learn the basic care for cool season herbs, like parsley, cilantro, borage, and calendula. The fall is the time to plant and/or divide perennial herbs, so we will also discuss, oregano, thyme, marjoram, sweet woodruff, lavender, rosemary and other favorites. I will demonstrate how to divide lamb's ear, so you can see exactly how to carry out this timely task on your existing perennials. Go home with plenty of herbal inspiration.



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